## **6** Grammar, Vocabulary, and Pronunciation



## Upper-intermediate

G	RA	MMAR	
1	Complete the sentences with the gerund or infinitive form of the verbs in brackets.		
	E	kample: I can't stand <u>listening</u> (listen) to people talking on their mobile phones.	
	1	Do you fancy(go) for a walk in the park?	
	2	You should practise (speak) English whenever you get the opportunity.	
	3	The shop assistant refused (give) me a refund.	
	4	I can't remember (have) a doll when I was a little girl.	
	5	You'd better (ring) Darren and tell him we'll be late.	
	6	Have you tried (sleep) on the other side of the bed?	
	7	We can't wait(see) your new house.	
	8	My boss makes me $\_$ (work) at the weekend sometimes.	

10 Could you let me \_\_\_\_\_(speak), please!

9 No one forgets \_\_\_\_\_ (see) Venice for the first

2 <u>Underline</u> the correct word(s).

Example: I **used to** / **'m used to** eat junk food, but now I eat very healthily.

- 1 Did you **use to / used to** do much sport at school?
- 2 Driving on the left was weird at first, but I **use to** / 'm used to it now.
- 3 We would / used to be very good children most of the time.
- 4 I wasn't used to | didn't use to eat fish at all, but I have it occasionally now.
- 5 Sam **usually / use to** goes to work by bus, but he decided to walk today.
- 6 Clara and Tom used to **be / being** a couple, but they've split up now.
- 7 I'm not used to | didn't use to speaking so much English – it's tiring!
- 8 I can't **get used to** / **be used to** this new operating system. I prefer the old one.
- 9 On a free afternoon, I often / 'm used to drive to the coast and do some surfing.

10 My mother **would / use to** always bake cakes on Saturdays when I was young - I loved it!

	10

Grammar total	20

### **VOCABULARY**

10

3	Comp	lete the	words	in th	ie sentenc	es.

Complete the words in the sentences.
Example: If a song has a strong <b>b</b> <u>eat</u> , it makes you want to tap your feet.
1 An <b>e</b> is an extra piece performed when the audience calls the performer back.
2 A f is a long thin metal instrument that you blow into.
3 A <b>s</b> is a female singer who sings very high.
4 Jazz and soul are examples of two different musical <b>g</b>
5 The person who directs an orchestra is called a
c
6 A <b>c</b> looks like a very big violin.
6

**4** Complete the sentences with the correct word(s).

Example:	My dad <i>snores</i> so loudly that he keeps		
	everybody awake at night.		e at night.
	yawns	snores	oversleeps

1	Why are you		? Are you tired or just bored?		
	snoring	napping	yawning		

2	didn't hear you get back last night, I was	
	isleep.	
	ast deep fallen	

3	I use a s	special	that gives my long neck
	enougl	n support.	
	duvet	blanket	pillow

4 I used to suffer from \_\_\_\_\_ \_\_\_. I would lie awake for hours every night.

insomnia jet-lag nightmares 5 When it's really hot in summer, I just sleep under a

pillow sheet duvet 6 If you eat too much late at night, it will \_\_\_\_\_ you awake. stay keep make

7 My uncle gets up very early but he sometimes has a \_\_\_\_ in the afternoons. dream yawn nap

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8	You don't need	that	
	alarm clock's i	ncredibly loud.	
	oversleeping	having a siesta	keeping awake

**5** <u>Underline</u> the correct word(s).

Example: You look very chic / fashionable, as the French would say.

- 1 Ilove the architecture | graffiti in Rome there are so many beautiful buildings.
- 2 My aunt once visited a **psychic / psychologist** to try and contact my dead uncle.
- 3 Baristas / Macchiatos make your coffee in a coffee shop.
- 4 Carlo is one of the best **chauffeurs** / **chefs** around his restaurant is always booked up.
- 5 Hélène Grimaud is performing Brahms Piano Concerto | Symphony no.1 tonight.
- 6 I've sent Janet some flowers a lovely **bouquet** / croissant of roses.

Vocabulary total 20

**6** Match the words with the same sound.

b <b>a</b> ss guitar s <b>a</b> xophone				
<del>ya</del>	wn	l <b>o</b> g	al <b>ar</b> m	pillow
E	xamp	ole: o	rchestra	<u>yawn</u>
1	pho	togra	ph	_
2	aw <b>a</b>	ke		_
3	cacc	phan	у	_
4	enc	ore		_
5	guit	ar		_

7 <u>Underline</u> the stressed syllable.

Example: croi|ssant

- 1 ar|chi|tec|ture
- 2 phi|lo|so|phy
- 3 or|che|stra
- 4 in|som|ni|a
- 5 hy|po|chon|dri|ac

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Г	П	
П	- 1	-5
П	- 1	~

Pronunciation total	
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10

Grammar, Vocabulary, and Pronunciation total

# **ENGLISH FILE**

**Upper-intermediate** 

## **6** Reading and Writing



### **READING**

Read the article about music and mood. Five sentences have been removed. Which sentence (A-F) fits each gap (1-5)? There is one extra sentence you do not need to use.

The helpful effects of music on mental health have been

known for thousands of years. Ancient philosophers from

## Music and Mood

Plato to Confucius sang the praises of music and used it to help deal with stress. (---- 1 ----) Military bands use music to build confidence and courage. Sporting events provide music to build up enthusiasm. Modern research carried out by several psychologists supports what most people believe about music benefiting mood and confidence. Because of our unique experiences, we develop varied musical tastes and preferences. (--- 2 --- ) Babies, for example, love lullabies. Maternal singing is particularly calming, even if a mother has no formal musical talents. Certain kinds of music make almost everyone feel worse even when they say they enjoy it. A study of 144 adults and teenagers who listened to four different kinds of music showed that their emotions changed according to the music. Grunge music, which has a lot of guitar and drums, for example, led to significant increases in negative emotions such as sadness, tension, and fatigue across the entire group – even in the teenagers who said they liked it.

In another study, college students reported the opposite

- songs from more than 15 years ago. They said it helped

them feel happier and more optimistic, friendly, relaxed,

when they listened to pop, rock, classical music, and oldies

Everyone who has learned the alphabet knows that it is easier to memorize a list if it is set to music. Scientific research supports what many people believe - that pairing music with a musical rhythm improves learning and helps people to remember things. (---- 3 ----) First of all, it can be used as a reward when someone behaves in the required way. For example, for paying attention to homework for ten minutes, a child can be given the opportunity to listen to music for five minutes. Second, it can be used to help increase attention to 'boring' academic tasks such as memorization, using songs, rhythms, and dance or movement to enhance the interest of the lists to be memorized. Instrumental music is great for improving attention and reasoning, and for students, playing background music is not distracting. Lastly, music can be used to help organize activities - one kind of music for one activity (studying), another for a different activity (eating), and a third kind for going to bed.

Many people find familiar music comforting and calming. In fact, music is so effective in reducing anxiety, it is often

used by dentists or by doctors just before performing an operation to help patients cope with their concerns. (—— 4 ——) Any kind of relaxing, calming music can contribute to calmer moods. It is often combined with cognitive therapy to lower anxiety. Some studies suggest that specially designed music, which includes certain tones, can help improve symptoms in anxious patients even more than music without these tones; listening to this music without other distractions (not while driving, cooking, talking, or reading) promotes the best benefits. Since ancient times, it has been known that certain kinds of music can help soothe away stress. Calming background music can help patients in hospital feel less bad-tempered. It can also help elderly patients in nursing homes who are very ill feel calmer. Music, wisely chosen, lowers stress hormone levels. (--- 5 ---) Knowing that certain kinds of music can reduce stress is one thing. Being attentive in choosing what kind of music to listen to is another. So, choose your music as carefully as you choose your food and

- A Music helps decrease worries in the elderly, new mothers, and children too.
- B And in modern times, shopping malls play music to attract customers and keep them in the store.
- C This can be used to help children and teenagers with attention problems in several ways.
- D However, it's difficult to explain how exactly it works.
- E On the other hand, parents of teenagers know that certain kinds of music, particularly at high volumes, can cause stress.
- F Despite these differences, however, there are some common responses to music.

Reading total	10

### **WRITING**

You recently attended a concert in your town. Write an email to your friend telling him / her about the concert.

Write 140–180 words. Include the following information:

- tell him / her what kind of music was played at the
- explain why you like that kind of music
- say whether the concert was as good as you had hoped it would be

	Writing total	1	.0
Reading ar	nd Writing total	2	20
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# **6** Listening and Speaking



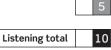
### **LISTENING**

- 1 Listen to five people talking about the music they enjoy listening to. Choose from the list (A–F) what each speaker says about the music they listen to. Use the letters only once. There is one extra letter you do not need to use.
  - A I like classical music because it has no words.
  - B Hip-hop music is great fun.
  - C For me, jazz music is comforting.
  - D If I'm alone, I listen to pop music.
  - E Rock music makes me feel more lively.
  - F I've become quite interested in folk music.

Speaker 1:	
Speaker 2:	
Speaker 3:	
Speaker 4:	
Speaker 5:	



- **2** Listen to a student give a presentation about a musician and performer. <u>Underline</u> the correct answer.
  - 1 Beyoncé's latest business deals with **perfumes** / **games** / **drinks**.
  - 2 Beyoncé's fashion company is named after **her mother** / **a clothes designer** / **a computer company**.
  - 3 Initially, clothes by Beyoncé's company could be bought in the US / the US and Canada / the US, Canada and Brazil.
  - 4 The charity Beyoncé and Kelly Rowland set up dealt with **food** / **clothing** / **houses** for people who suffered in the hurricane.
  - 5 To raise money for her latest campaign, Beyoncé released a new song / produced an album with other celebrities / appeared in a concert.



### **SPEAKING**

- 1 Make questions and ask your partner.
  - 1 Which / musical instrument / like / learn / play? Why?
  - 2 Would / rather / listen / live music / recorded music? Why?
  - 3 What sort of music / listen to and why?
  - 4 What / usually do before / go to bed?
  - 5 How much sleep / usually get each night?

Now answer your partner's questions.

- 2 Listen to your partner talking about a person's personality. Do you agree with him / her?
- **3** Talk about the statement below, saying if you agree or disagree. Give reasons.
  - 'A day without listening to music is an empty day.'

Speaking total 20

Listening and Speaking total 30